Quaid-i-Azam Inter Provincial Games - 2024

Medals Position of Punjab

Discipline	Event	Competitor	Medals G	S	B
Athletics (Men)			5	3	3
	100 M (Men)	Muhammad Hasnain	Gold		
	100 M (Men)	Ghulam Murtza	Bronze		
	200 M (Men)	Muhammad Hasnain	Gold		
	200 M (Men)	Muhammad Sharjeel	Bronze		
	400 M (Men)	M.Sharjeel	Silver		
	1500 M (Men)	Akram	Gold		
	110 M Hurdles (Men)	Zain Ul Abdeen	Silver		
	4 x 100 M Relay (Men)	Ghulam Murtaza,Hasnain,Zain,Ali	Gold		
	High Jump (Men)	M. Naveed	Gold		
	Discus Throw (Men)	M. Sohail	Silver		
	Javelin Throw (Men)	Arham	Bronze		
Athletics (Women)			3	4	3
	100 M (Women)	Khalida Imran	Silver		
	100 M (Women)	Kinza Sarfraz	Bronze		
	200 M (Women)	Khalida Imran	Silver		
	800 M (Women)	Bushra	Gold		
	800 M (Women)	Aesha	Bronze		
	100 M Hurdles (Women)	Kinza Sarfraz	Gold		
	High Jump (Women)	Pakeeza	Silver		
	Long Jump (Women)	Kinza Sarfraz	Gold		
	Javelin Throw (Women)	Zara	Silver		
	Javelin Throw (Women)	Fiza Batool	Bronze		

Discipline	Event	Competitor	Medals G	S	B
Badminton (Women)			3	1	1
	Women Singles	Kanzul Eman	Gold		
	Women Singles	Hamna Irshad	Silver		
	Women Singles	Khadija Manzoor	Bronze		
	Women Doubles	Hamna Irshad,Kanzul Eman	Gold		
	Women Team Event	Team	Gold		
Badminton(Men)			0	2	4
	Men Singles	Sohaib Yaseen	Bronze		
	Men Doubles	Sohaib Yaseen,Umer	Silver		
	Men Doubles	Haris Fareed, Khuzaima	Bronze		
	Mixed Double Event	M. Umer, Hamna Irshad	Bronze		
	Mixed Double Event	Sohaib Yaseen,Roshane Ihsan	Bronze		
	Men Team Event	Team	Silver		
Boxing (Men)			2	2	2
	51 Kg Flyweight- Men	Umar Raza Khan	Gold		
	54 Kg Bantam Weight - Men	Shahzad Khan	Bronze		
	57 Kg Feather Weight - Men	Rohail Ahmed Khan	Gold		
	60 Kg Light Weight- Men	Muhammad Ali	Silver		
	63.5 Kg Light Welter Weight - Men	Ibrahim Subhani	Silver		
	67 Kg Welter Weight - Men	Muhammad Bilal	Bronze		
Football			0	0	1
	Football (Men)	Team	Bronze		
Hockey			2	0	0
	Hockey (Men)	Team	Gold		
	Hockey (Women)	Team	Gold		
Judo (Men)			0	4	3

Discipline	Event	Competitor	Medals G S B
	- 55 Kg (Men)	Junaid Khan	Bronze
	- 60 Kg (Men)	Zaid Ul Hassan	Silver
	- 66 Kg (Men)	Shahid Khan	Silver
	- 73 Kg (Men)	Junaid Pochay	Silver
	- 81 Kg (Men)	Ali Ahad	Silver
	- 90 Kg (Men)	Hussnain Ali	Bronze
	Open (Men)	Muhammad Shamas	Bronze
Judo (Women)			3 2 2
	- 40 Kg (Women)	Syeda Javeria	Gold
	- 48 Kg (Women)	Eisha Siddiqui	Silver
	- 52 Kg (Women)	Hifza Iftikhar	Gold
	- 57 Kg (Women)	Arooj Fatima	Bronze
	- 63 Kg (Women)	Aima Adnan	Gold
	- 70 Kg (Women)	Saira Asif	Silver
	Open (Women)	Madiha Waheed	Bronze
Kabaddi Asian Style			0 1 0
	Kabaddi Asian Style (Men)	Team	Silver
Karate (Men)			3 0 6
	- 55 Kg - Men	Muhammad Umar	Bronze
	- 60 Kg - Men	Hayyan Sohail Ch.	Bronze
	- 67 Kg - Men	Sujal Zafar	Gold
	- 75 Kg - Men	Alishah Shahid	Bronze
	- 84 Kg - Men	Muhammad Usman	Gold
	Individual Kata - Men	M. Zulqarnain	Bronze
	Team Kata - Men	Zulqurnain,Salamat, Abdullah	Gold
	Team Kumite - Men	Team	Bronze
	+ 84 Kg - Men	Ali Hassan	Bronze

Discipline	Event	Competitor	Medals G	S	B
Karate (Women)			3	1	4
	Upto 45 Kg - Women	Mehreen Sarwar	Bronze		
	- 50 Kg - Women	Noor ul Ain	Silver		
	- 55 Kg - Women	Maham Batool	Gold		
	- 61 Kg - Women	Hamna Qamar	Gold		
	Individual Kata - Women	Mehreen Sarwar	Bronze		
	Team Kata - Women	Mehreen,Ushna,Nazish	Gold		
	Team Kumite - Women	Maham,Hamna,Ushna,Aima	Bronze		
	+ 68 Kg - Women	Areesha Mustafa	Bronze		
Squash (Men)			2	1	0
	Men Singles	Sakhi Ullah Tareen	Gold		
	Men Singles	Abdullah Nadeem Butt	Silver		
	Men Team Event	Khakan,Abdullah,Asher,Sakhi	Gold		
Squash (Women)			0	1	0
	Women Team Event	Tayyaba,Ayesha,Fajar,Zainab	Silver		
Swimming (Men)			15	12	1
	50 M Backstroke (Men)	M. Bilal Maqbool	Gold		
	100 M Backstroke (Men)	M. Bilal Maqbool	Gold		
	100 M Backstroke (Men)	M Azan Maqbool	Silver		
	200 M Backstroke (Men)	M. Aazan Maqbool	Gold		
	200 M Backstroke (Men)	Ch. Hassan Ali	Silver		
	50 M Breaststroke (Men)	M. Bilal Maqbool	Gold		
	50 M Breaststroke (Men)	M. Azan Maqbool	Silver		
	100 M Breaststroke (Men)	M. Bilal Maqbool	Gold		
	100 M Breaststroke (Men)	M. Azan Maqbool	Silver		
	200 M Breaststroke (Men)	M. Bilal Maqbool	Gold		

Discipline	Event	Competitor	Medals G	S	B
	200 M Breaststroke (Men)	Abdul Rehman	Bronze		
	50 M Butterfly (Men)	Agha Abdul Wasay Naseer	Gold		
	50 M Butterfly (Men)	Aryan Rehman Khawar	Silver		
	100 M Butterfly (Men)	Agha Abdul Wasay	Gold		
	100 M Butterfly (Men)	Ch. Hassan Ali	Silver		
	200 M Butterfly (Men)	M. Azan Maqbool	Gold		
	200 M Butterfly (Men)	Ch. Hassan Ali	Silver		
	50 M Freestyle (Men)	Aryaan Rehman Khawar	Gold		
	50 M Freestyle (Men)	Agha Abdul Wasay Naseer	Silver		
	100 M Freestyle (Men)	Aryaan Rehman Khawar	Gold		
	100 M Freestyle (Men)	Amman Rehman Khawar	Silver		
	200 M Freestyle (Men)	Aryaan Rehman Khawar	Gold		
	200 M Freestyle (Men)	Amman Rehman Khawar	Silver		
	400 M Freestyle (Men)	Amman Rehman Khawar	Gold		
	400 M Freestyle (Men)	Ch. Hassan Ali	Silver		
	4x100 M Medley Relay (Men)	Wassay, Bilal, Aryan, Amman	Gold		
	200 M Individual Medley (Men)	Amman Rehman Khawar	Gold		
	200 M Individual Medley (Men)	Ch. Hassan Ali	Silver		
Swimming (Women)			10	14	5
	50 M Backstroke (Women)	Ayesha Waqas	Gold		
	50 M Backstroke (Women)	Mira Khan	Silver		
	100 M Backstroke (Women)	Ayesha Waqas	Silver		
	100 M Backstroke (Women)	Maira Khan	Bronze		
	200 M Backstroke (Women)	Ayesha Waqas	Silver		
	200 M Backstroke (Women)	Maira Khan	Bronze		
	50 M Breaststroke (Women)	Nuriyah Rahim	Silver		
	50 M Breaststroke (Women)	Mehar Hayat	Bronze		

Discipline	Event	Competitor	Medals G	S	B
	100 M Breaststroke (Women)	Nuriyah Rahim	Silver		
	100 M Breaststroke (Women)	Mehar Hayat	Bronze		
	200 M Breaststroke (Women)	Maira Khan	Silver		
	200 M Breaststroke (Women)	Shahbano Mueen	Bronze		
	50 M Butterfly (Women)	Rania Adnan	Gold		
	50 M Butterfly (Women)	Zehra Kazi	Silver		
	100 M Butterfly (Women)	Rania Adna Khan	Gold		
	100 M Butterfly (Women)	Samar Fatima	Silver		
	200 M Butterfly (Women)	Samar Fatima	Gold		
	200 M Butterfly (Women)	Mehar Hayat	Silver		
	50 M Freestyle (Women)	Shazana Shahid	Gold		
	50 M Freestyle (Women)	Zehra Kazi	Silver		
	100 M Freestyle (Women)	Shazana Shahid	Gold		
	100 M Freestyle (Women)	Rania Adna Khan	Silver		
	200 M Freestyle (Women)	Shazana Shahid	Gold		
	200 M Freestyle (Women)	Rania Adnan	Silver		
	400 M Freestyle (Women)	Shazana Shahid	Gold		
	400 M Freestyle (Women)	Rania Adna Khan	Silver		
	4x100 M Medley Relay (Women)	Ayesha, Nuriyah, Rania, Shazana	Gold		
	200 M Individual Medley (Women)	Shazana Shahid	Gold		
	200 M Individual Medley (Women)	Zehra Kazi	Silver		
Table Tennis (Men)			4	1	4
	Men Singles	Ata Ul Manan	Gold		
	Men Singles	Zain Pervaiz	Bronze		
	Men Singles	Taha Bilal	Bronze		
	Men Doubles	Taha Bilal, Ata Ul Manan	Gold		
	Men Doubles	Zain Pervaiz, Mutahir Amin	Silver		

Discipline	Event	Competitor	Medals G	S	B
	Men Doubles	Arman Ahmed, Abu Bakar	Bronze		
	Mixed Double Event	Taha Bilal,Kalsoom Khan	Gold		
	Mixed Double Event	Ata Ul Manan,Azka Rehman	Bronze		
	Men Team Event	Team	Gold		
Table Tennis (Women)			2	1	1
	Women Singles	Kalsoom Khan	Gold		
	Women Doubles	Kalsoom Khan, Azka Rahman	Silver		
	Women Doubles	Syeda Hijab, Maiza Shabkhez	Bronze		
	Women Team Event	Team	Gold		
Taekwondo (Men)			2	2	1
	- 58 Kg - Men	Tayiab Sarwar	Silver		
	- 80 Kg - Men	Syed Akmal Mehmood	Gold		
	+ 87 Kg - Men	Mir Subhan	Silver		
	Individual Poomsae (Men)	M. Abdullaah	Bronze		
	Individual Creative (Men)	Tayyab Sarwar	Gold		
Taekwondo (Women)			2	0	1
	- 73 Kg - Women	Zartasha Asghar	Gold		
	Individual Poomsae (Women)	Sunda Zahra	Gold		
	Individual Creative (Women)	Sundas Zahra	Bronze		
Volleyball			1	1	0
	Volleyball (Men)	Team	Silver		
	Volleyball (Women)	Team	Gold		
Weightlifting			8	0	0
	55 Kg - Men	Malik Subhan Ali	Gold		
	61 Kg - Men	Azeez Sarwar Cheema	Gold		
	67 Kg - Men	Muhammad Hamza	Gold		

Discipline	Event	Competitor	Medals G	S	B
	73 Kg - Men	Amir Ali	Gold		
	81 Kg - Men	M. Ali Akbar	Gold		
	89 Kg - Men	M. Mudabbir Zeeshan	Gold		
	96 Kg - Men	Haider Shakeeb Butt	Gold		
	+96 Kg - Men	Muhammad Yahya	Gold		
Wrestling (Men)			8	0	0
	57 Kg - Men	Faraz Khan	Gold		
	61 Kg - Men	M. Abdul Rehman	Gold		
	65 Kg - Men	M. Abdullah	Gold		
	70 Kg - Men	M. Abu Abada	Gold		
	74 Kg - Men	Hassan Ali	Gold		
	86 Kg - Men	Ameer Hamza	Gold		
	97 Kg - Men	Rana Faizan Ali	Gold		
	125 Kg - Men	M. Shamas	Gold		
		Total :	78	53	42