

ELITE POOL
PLAYER'S DATE

Personal Information:

Name: **Miss Najma Paarveen**

Father's Name: **Mr. Zia Ullah**

Gender: **Female**

DOB: **20th December, 1990**

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Domicile: **Faisalabad**

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City: **Faisalabad**

District: **Faisalabad**

Province: **Punjab**



Performance

Discipline: Athletics

S#	Competition		Date		Held	Event	Round	Time/ Distance	Medal
	Name	Level	From	To					
1.	13 th South Asian Games	International	1.12.19	10.12.19	Nepal	400 M Hurdles (Women)	Final	1:00.35	Gold
2.	13 th South Asian Games	International	1.12.19	10.12.19	Nepal	200 Metres (Women)	Final	23.69	Silver
3.	13 th South Asian Games	International	1.12.19	10.12.19	Nepal	4x400 M Relay (Women)	Final	3:41.74	Silver
4.	13 th South Asian Games	International	1.12.19	10.12.19	Nepal	4x100 M Relay (Women)	Final	46.74	Bronze